



Join COSROW in this community event as we explore the challenges and joys of serving elderly family and friends.

**SAVE THE DATE**

**March 29, 2014**  
**2:30pm—5:30pm**

At the Conference Center  
\$10 Donation Requested  
Keynote Speaker: TBA

### **Break Out Session Topics**

**Traditional:** sandwiched between aging parents who need care and/or help and their own children

**Club:** people in their 50s or 60s sandwiched between aging parents, adult children and grandchildren, or those in their 30s, with young children, aging parents and grandparents

**Open Faced:** anyone involved in elder care



Sponsored by Baltimore-Washington Conference of the United Methodist Church Commission on the Status and Role of Women  
11711 East Market Place  
Fulton, MD 20759  
bwcumc.org  
410-309-3400